

Is this really the end?

I am going to admit I made a careless comment which made my child cry. I'm not proud of what I said but you might repeat something similar and having thought about it this approach might be better.

Child: I can't believe there isn't any school after Friday, at least I can have the end of year party and assembly

Me: um, no! School has finished FOREVER

Child: tears and more tears!

Having consulted the expert (my child) I think this would be a better approach to transition planning for children.

This is a historical time we are experiencing, the first pandemic in our children's lives. Decisions are being made about schools, hospitals and everything might change or might not no one knows. This can make you feel anxious and me too, however, it is a great opportunity to finally go through all the things you wanted to do. Learn how to decorate a cake with the perfect butter cream. Grow your own tomatoes from seeds, sew a dress, knot a scarf and finally learn the bus stop method. These are positive things we can do to help us learn new skills and keep active while we wait for the pandemic to finish.

What are the pandemic positives? Climate change is a big worry, people are commuting less, air quality is better, gardening keeps you fit and reduces carbon dioxide levels. You can start the next transition of your academic life confident that you are able to tackle any challenge especially when you are explaining the bus stop method to your grown ups for the third time!

Know you know which school you are going to, you can use the time to see what the day is going to be like. Practice going to the loo at the new break times, eating lunch and if you want to practice packing a lunch. How long does it take you to walk to school and home? What coffee shops and other shops are around where you want to spend your pocket money? Do you need to do some jobs to earn more money? This is a great time to start planning for these changes especially when the air is clean and street quiet.